

NEW!



MET-RX[®]

FRUIT PUNCH[®]
Naturally and Artificially Flavored

PRE-Fx EXTREME PRE WORKOUT

8.3G
ATP STRENGTH
MATRIX*

Creatine Monohydrate, Creatine Hydrochloride & Beta-Alanine

300MG
CAFFEINE*

Energy & Mental Focus*



Supercharged with L-Arginine & L-Citrulline Malate

*per two scoops

MET-Rx[®] PRE-Fx Powder with Arginine and L-Citrulline is a pre-workout amplifier designed to stimulate nitric oxide production - a key compound for circulation and nutrient delivery to working muscles during training.* It contains powerful dosages of key ingredients designed to help deliver enhanced focus and energy.* This formula includes Strength-ATP Matrix, a blend of Creatine and Beta Alanine, to improve recovery.* The Creatine in the formula also helps to maximize strength & power.*

MET-Rx[®] PRE-Fx pre-workout amplifier helps to kick start your training leaving you feeling energized and focused.*

Directions: For adults, mix one (1) to two (2) scoops with 10-12 fluid ounces of water and consume prior to your workout. Vary the amount of water to achieve your desired flavor and sweetness level. Take this product with an adequate daily fluid intake for hydration. As a reminder, discuss the supplements and medications you take with your health care providers.

Begin with half the recommended dosage to assess individual tolerance and gradually increase to 2 scoops after several workouts. Do not take more than 2 scoops in a 24-hour period.

This product contains caffeine. Avoid additional consumption of caffeine, which may cause adverse effects.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Beta-alanine may cause a temporary tingling sensation, which is a normal reaction. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18 or for those sensitive to caffeine.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

Contents are sold by weight. Some settling may occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

CarnoSyn[®] Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn[®].

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

	Serving Size	1 Scoop (13 g)	2 Scoops (26 g)
	Servings Per Container	about 35	about 17
	Amount Per Serving	%Daily Value	%Daily Value
Calories	45		90
Total Carbohydrate	4 g	1%**	8 g 3%**
Total Sugars	<1 g	***	1 g ***
Includes Added Sugars	<1 g	1%**	1 g 2%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	24 mg	1,412%	48 mg 2,824%
Folate	700 mcg DFE (420 mcg folic acid)	175%	1,400 mcg DFE (840 mcg folic acid) 350%
Vitamin B-12 (as Cyanocobalamin)	140 mcg	5,833%	280 mcg 11,667%
Choline (as Choline Bitartrate)	150 mg	27%	300 mg 55%
Strength-ATP Matrix	4.15 g (4,150 mg)	***	8.3 g (8,300 mg) ***
Creatine Blend (Creatine Monohydrate, Creatine Hydrochloride)	2.55 g	***	5.1 g ***
Beta-alanine (as CarnoSyn [®])	1.6 g	***	3.2 g ***
Nitro-Dilate Complex	2.25 g (2,250 mg)	***	4.5 g (4,500 mg) ***
L-Arginine	1.5 g	***	3 g ***
L-Citrulline Malate	750 mg	***	1.5 g ***
Neuro-Max Blend	1.15 g (1,150 mg)	***	2.3 g (2,300 mg) ***
Taurine	1 g	***	2 g ***
Caffeine Anhydrous	150 mg	***	300 mg ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Maltodextrin, Citric Acid, Natural and Artificial Flavors, Beet Juice Color. Contains <2% of: Silica, Sucralose.



Manufactured in the USA with select ingredients from around the world for MET-Rx Nutrition, Inc. Boca Raton, FL 33487
©2018 Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.METRx.com

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