

MET-RX[®]

New!

whey protein Cookie Bites



NET WT 1.90 OZ (54 g)

A bite-sized and delicious alternative to traditional cookies in the food market today. MET-Rx[®] Cookie Bites are fortified with premium whey and milk proteins and are inspired by fresh baked cookies using real food ingredients like eggs, brown sugar, and chocolate chips.

Our cookie bites deliver an authentic cookie experience in combination with providing a good source of protein and fiber—making them the perfect treat to snack on and fuel your training!

Good Source of Protein
50% More Protein than the Leading Protein Cookie Brand*
20% Less Sugar than the Leading Protein Cookie Brand*

*Nielsen xAOC latest 52 weeks ending 2/24/18. Excluding online sales. Leading Protein Cookie Brand Chocolate Chip and Peanut Butter flavors have 8g of protein and 12g of sugar per 57g servings.

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BEST BY DATE:

Nutrition Facts

Serving Size 1 Bag (54g)

Amount Per Serving		Calories from Fat 60	
Calories 200		%Daily Value**	
Total Fat 7g			11%
Saturated Fat 3.5g			18%
Trans Fat 0g			
Cholesterol 40mg			13%
Sodium 190mg			8%
Total Carbohydrate 24g			8%
Dietary Fiber 5g			20%
Sugars 9g			
Sugar Alcohol 5g			
Protein 12g			20%
Vitamin A 0%		Vitamin C 0%	
Calcium 8%		Iron 6%	

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Protein Blend (Whey Protein Concentrate, Milk Protein Concentrate), Sugar Free Dark Chocolate Chips (Maltitol, Chocolate Liquor [processed with alkali], Cocoa Butter, Sorbitan Trisearate [emulsifier], Soy Lecithin [emulsifier], Vanilla), Margarine (Palm Oil, Water, Soybean Oil, Salt, Natural Flavor, Soy Lecithin, Beta Carotene [added for color], Vitamin A Palmitate), Vital Wheat Gluten, Dark Brown Sugar, Eggs, Invert Sugar, Sugarcane Fiber, Resistant Maltodextrin, Glycerine, Molasses, Natural Flavors, Water, Natural Sweetener (Erythritol, Stevia Leaf Extract, Natural Flavors), Baking Soda.

Contains milk, egg, wheat and soy ingredients.

Manufactured in the USA
with select ingredients from
around the world for
MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
©2018 Questions?

Call toll free **1-800-55-MET-Rx**
To learn more, please go to www.MET-Rx.com

CHOCOLATE CHIP

12G
PROTEIN

5G
FIBER

200
CALORIES

WHEY PROTEIN FORTIFIED COOKIES
No Artificial Flavors or Colors