

BODY FORTRESS® KNOWS YOU DON'T CUT CORNERS IN TRAINING. THAT'S WHY WE DESIGNED A THERMOGENIC FORMULA THAT DOESN'T CUT CORNERS EITHER. SUPER ADVANCED SHRED IGNITER CONTAINS POWERFUL DOSAGES OF KEY INGREDIENTS DESIGNED TO TAKE HARDCORE SHREDDING SUPPLEMENTS TO THE NEXT LEVEL. OUR HIGHLY POTENT FORMULA WILL GET YOU FIRED UP FOR TRAINING AND PROVIDE YOU WITH THE THERMOGENIC, METABOLIC AND ANABOLIC SUPPORT NEEDED TO TORCH YOUR FITNESS GOALS.*



METABOLIC BLEND TO BOOST METABOLISM & CALORIE BURNING*



THERMOGENIC BLEND TO ENHANCE ENERGY & MENTAL FOCUS*



ANABOLIC BLEND TO SUPPORT MUSCLE STRENGTH & POWER*



CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

Directions: For adults, mix one (1) to two (2) scoops with 8-12 ounces of water and consume prior to your workout or with a meal. Begin with one (1) scoop to assess tolerance and gradually increase to two (2) scoops after several workouts.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, preservatives.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 OR FOR PREGNANT OR LACTATING WOMEN. Do not exceed recommended dose. Increasing frequency of intake will not improve results and may cause adverse reactions. This product contains caffeine. Do not consume additional sources of caffeine or synephrine. Use of this product may make skin sensitive to sunlight and UV light, which could result in sunburn or skin rash after several days of use. Limit exposure to the sun or any indoor tanning equipment including beds, lamps or booths. Consult a doctor before using this product if you are using any medications or remedies, especially antidepressants or monoamine oxidase inhibitors (MAOI), stimulants, any dietary supplement (Yohimbe or St. John's Wort), or any over-the-counter drug including allergy, asthma, cough/cold or weight control products. Avoid this product if you have high blood pressure, arrhythmias, glaucoma, seizures, ulcer, difficulty urinating, an enlarged prostate, diabetes or a thyroid, blood, liver, eating disorder or have any medical condition. Consult a doctor before use if you are at risk for, have, have had or have a family history of heart or cardiovascular disease, stroke, orange headaches, depression or other psychiatric condition. Discontinue use and call a doctor immediately if you experience any adverse reaction such as dizziness, headache, rapid or irregular heartbeat, chest pain, shortness of breath, nausea, noticeable changes in behavior, loss of consciousness, increased blood pressure, sleeplessness, anxiety, skin reactions or if any adverse reactions occur. Limit use to six weeks with a break of one week. Discontinue use two weeks prior to surgery.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BODY FORTRESS®

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

BODY FORTRESS®

SUPER ADVANCED

**SHRED
IGNITER**

THERMOGENIC STIMULATOR*

**L-LEUCINE
L-CARNITINE
SYNEPHRINE
GREEN TEA
EXTRACT**

**30
SERVINGS**

CITRUS PUNCH
Naturally and Artificially Flavored



BOOST METABOLISM & CALORIE BURNING*



ENHANCE ENERGY & MENTAL FOCUS*



SUPPORT MUSCLE STRENGTH & POWER*

Supplement Facts

Amount Per Serving	1 Scoop (10 g)		2 Scoops (20 g)	
	about 30		about 15	
	%Daily Value		%Daily Value	
Calories	25		50	
Total Carbohydrate	6 g	2%**	12 g	4%**
Sodium	10 mg	<1%	20 mg	1%
Anabolic Strength Blend	2.75 g	***	5.5 g	***
L-Leucine	2.0 g	***	4.0 g	***
L-Carnitine	750 mg	***	1.5 g	***
Thermogenic Ignition Blend	600 mg	***	1,200 mg	***
Green Tea Extract	250 mg	***	500 mg	***
(<i>Camellia sinensis</i>) (leaf)				
L-Tyrosine	250 mg	***	500 mg	***
Caffeine Anhydrous	100 mg	***	200 mg	***
Metabolic Support Blend	400 mg	***	800 mg	***
Naringin	300 mg	***	600 mg	***
(<i>Citrus grandis</i> and/or <i>Citrus paradisi</i>) (fruit)				
Advantra Z®	50 mg	***	100 mg	***
(<i>Citrus aurantium</i>) Extract (fruit) (containing Synephrine)				
Hesperidin Complex	50 mg	***	100 mg	***
(<i>Citrus spp.</i>) (peel)				

***Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Maltodextrin, Natural and Artificial Flavors, Citric Acid, Silica, Sucralose, Acesulfame Potassium, Beta Carotene (Color), FD&C Red No. 40, FD&C Blue No. 1.

Advantra Z® is a registered trademark of Nutratech, Inc.

Contents are sold by weight. Some settling may occur.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.



Manufactured according to cGMP standards, as required for all dietary supplements.



GLUTEN FREE



PLEASE RECYCLE

Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

58540 03B B65280



DIETARY SUPPLEMENT/ NET WT. 0.66 lb. (10.58 oz.) (300 g)