

Sundown Naturals®

CONCENTRATED

Whole Food Multivitamin

With Green Foods, Antioxidants,
Herbs and Digestive Enzymes



 **VEGETARIAN FORMULA**

90 COATED TABLETS DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	2 g 1%**
Dietary Fiber	1 g 5%**
Vitamin A (as Beta-Carotene)	2,500 IU 50%
Vitamin C (as Ascorbic Acid)	120 mg 200%
Vitamin D (as Ergocalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg 1,667%
Riboflavin (Vitamin B-2)	25 mg 1,471%
Niacin (as Niacinamide)	25 mg 125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1,250%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	500 mcg 8,333%

Amount Per Serving	%Daily Value
Biotin (as d-Biotin)	1,000 mcg (1 mg) 333%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 300%
Calcium (as Calcium Carbonate)	120 mg 12%
Iron (as Ferrous Sulfate)	18 mg 100%
Iodine (from Kelp)	150 mcg 100%
Magnesium (as Magnesium Oxide)	60 mg 15%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	25 mcg 36%
Copper (as Cupric Gluconate)	0.5 mg 25%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	100 mcg 83%
Molybdenum (as Sodium Molybdate)	51 mcg 68%
Chloride (as Potassium Chloride)	45 mg 1%
Sodium	10 mg <1%
Potassium (as Potassium Chloride)	50 mg 1%
Choline (as Choline Bitartrate)	10 mg ***
Inositol	10 mg ***

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk and wheat ingredients.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Amount Per Serving	%Daily Value
Boron (as Sodium Borate)	1 mg ***
DNA (Deoxyribonucleic Acid)	1 mg ***
RNA (Ribonucleic Acid)	1 mg ***
Lutein	10 mcg ***
Citrus Bio Complex (Citrus Bioflavonoid Complex (Citrus spp.) (fruit), Hesperidin Complex (Citrus spp.) (fruit), Rutin, Quercetin)	50 mg ***
Green Source® Digestive Enzyme Blend (Betaine Hydrochloride, Bromelain (from Pineapple), Papain (Papaya Enzyme), Amylase, Lipase, Cellulase, Protease)	50 mg ***
Green Source® Probiotic Blend (B. bifidum, L. bulgaricus, L. acidophilus)	25 mg ***
Green Source® Omega Blend (Flaxseed, Sunflower Oil, Borage Powder) (Contains Omega-3 11 mg and Omega-6 4 mg)	100 mg ***
Green Source® Green and Whole Food Blend (Spirulina (Spirulina platensis) (plant), Chlorella (Chlorella vulgaris) (plant), Oat Extract (Avena sativa) (aerial), Apple Pectin (fruit), Barley Grass (Hordeum vulgare) (aerial), Sodium Copper Chlorophyllin)	520 mg ***

Amount Per Serving	%Daily Value
Green Source® Herb Blend (Echinacea (Echinacea purpurea) (aerial), Ginger (Zingiber officinale) (root), Milk Thistle (Silybum marianum) (seed), Cayenne (Capsicum spp.) (fruit), Korean Ginseng Extract (Panax ginseng) (root), Ginkgo Biloba Extract (Ginkgo biloba) (leaf), Goldenseal (Hydrastis canadensis) (root))	100 mg ***
Green Source® Vegetable Blend (Parsley Powder, Garlic (Allium sativum) (bulb), Beet Root Powder, Carrot Powder, Asparagus Powder, and Extracts of Broccoli, Cabbage, Brussels Sprouts, Cauliflower and Kale)	100 mg ***
Green Source® Fruit Blend (Papaya Fruit Powder, Grapefruit Extract, Apple Powder (Malus pumila) (fruit), Peach (fruit), Strawberry (Fragaria virginiana) (fruit), Acai (Euterpe oleracea) (fruit), Cranberry (Vaccinium macrocarpon) (fruit), Blueberry (Vaccinium corymbosum) (fruit), Bilberry Extract (Vaccinium myrtillus) (fruit), Pomegranate Extract (Punica granatum) (seed and peel), Pineapple (Ananas comosus) (fruit), Orange (Citrus sinensis) (fruit), Noni Powder (Morinda citrifolia) (fruit))	100 mg ***
Green Source® Mushroom Blend (Shiitake (Lentinus edodes) (aerial), Maitake (Grifola frondosa) (aerial), Reishi (Ganoderma lucidum) (aerial))	50 mg ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

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**Smart
Facts**

Sundown Naturals' Concentrate Whole Food Multivitamin is a Balanced Formula for Nutritional Wellness.* An excellent source of over 15 vitamins & minerals plus extra nutritional support to address today's demanding lifestyle.

Provides many unique ingredients not found in traditional multis. This special supplement contains concentrates of whole foods and important nutrients for a source of antioxidants and other phytochemicals.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: FOR ADULTS, TAKE THREE (3) TABLETS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.
REFRIGERATE AFTER OPENING
No Artificial Color or Flavor, No Preservatives, No Sugar, No Fish.
Color may vary due to natural ingredients.
STORE UNOPENED CONTAINER AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at www.sundownnaturals.com

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