

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%***
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Calcium (as Calcium Carbonate)	1,200 mg (1.2 g)	120%

***Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin. **Contains <2% of:** Beeswax, Sorbitol, Titanium Dioxide Color. **No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Sundown
Naturals

LIQUID-FILLED

Calcium

1200 MG
PER SERVING

plus Vitamin D3
1000 IU

Promotes Bone Health*
May Reduce the Risk of Osteoporosis**

60 SOFTGELS **DIETARY SUPPLEMENT**

Smart Facts

Calcium is the primary mineral responsible for strong bones.* The body also uses Calcium for proper muscle contraction and nerve function.* Vitamin D assists in Calcium absorption and maintaining a healthy immune system.* Vitamin D3 is a potent and active form of Vitamin D.

**Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at www.sundownnaturals.com

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