



OPTIMAL SOLUTIONS*

ADVANCED COLLAGEN

Beauty Formula

Nutritional Support for Healthy
Vibrant Hair, Skin & Nails*

Supports Bone Health*



Including:
Vitamin C, Copper & Biotin

Beauty Starts on the Inside™

90 tablets **DIETARY SUPPLEMENT**

DIRECTIONS: For adults, take three (3) tablets twice daily on an empty stomach.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join
our money saving Healthy Rewards™ program,
visit www.NaturesBounty.com

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	1 g	<1% **
Dietary Fiber	<1 g	4% **
Protein	1 g	3% **
Vitamin C (as Ascorbic Acid)	90 mg	150%
Biotin (as d-Biotin)	450 mcg	150%
Calcium	156 mg	16%
Copper (as Cupric Sulfate)	3 mg	150%
Sodium	10 mg	<1%
Hydrolyzed Collagen	1,500 mg (1.5 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Crospovidone. **Contains <2% of:** Natural Palm Leaf Glaze, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

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